DISCIPLESHIP GUIDE HOMEWORK & RESOURCES

5 - GOSPEL LIVING

Resources:

• https://www.thegospelcoalition.org/blogs/justin-taylor/a-gospel-moment-on-youtube-alistair-begg-on-the-thief-on-the-cross/

6 – GOSPEL TESTIMONY (hand out after #5 to be completed prior to #6)

Homework:

 Have student work through the testimony prep guide on the attached document to prepare for next meeting: https://ldrv.ms/w/s!An5ireFvcG7q HAtA1SICcfctnH7

Resources:

- John Piper On the power of a personal testimony https://www.desiringgod.org/interviews/the-power-of-your-personal-testimony
- Have the student write out a personal testimony as a memorial to what God has done in their life.

7 - IDENTITY IN CHRIST

Homework:

• List out several "identities" that you have (son/daughter, brother/sister, student, athlete, club member, life group member) as well as your identity in Christ (image bearer, child of God, joint heir with Christ, etc). Think through how these different identities define you and shape you through the course of a normal day.

Resources:

- John Piper https://www.desiringgod.org/topics/identity-in-christ#
- Paul Tautges 42 Identity Markers of a Believer https://counselingoneanother.com/2020/11/04/the-answer-to-every-christians-identity-struggl/
- Brad Hambrick Article on Identity https://static1.squarespace.com/static/586c240e725e250e1dc73403/t/5e6157611 648af3838b90fc0/1583437666275/IDENTITY_article_Hambrick.pdf
- The article is a bit long, but will give you a solid biblical foundation for what we are trying to communicate.
- Reflective Questions Page 13 this is a list of additional questions that you could ask your student.
- Identity Checklist Page 12 possible homework for the student to assess where their true identity lies.
- Tim Keller clip on Identity and how it impacts us https://www.youtube.com/watch?v=-N_178ASBq0&t=1496s

9 - WHY READ THE BIBLE

Resources:

- Book: The Power of Words and the Wonder of God | Desiring God
- Book: God Wrote a Book: MacDonald, James: 9781581346220: Amazon.com:
 Books
- There are 3 GREEK words that represent the 3 meanings of the Word of God in the BIBLE.
 - 1. Graphe (Gr-ah-ph-ay) -> The words on the page. The actual writings on the paper.
 - 2. Logos -> The message or the storyline of what is written. The story of Esther, etc.
 - 3. Rhema (ray-ma) -> The spoken or Living Word. The divine revealed personal meaning to you the reader through the Holy Spirit. This is the power of the Bible separate from any other book in existence and reserved for those the Lord has called to Himself.

11 - WHY WE PRAY

Resources:

- Books to suggest: A Praying Life (High School age)
- Article: What Difference Will Prayer Make? | Desiring God
- <u>The Subtle Sin of Prayerlessness Association of Certified Biblical Counselors</u> (biblicalcounseling.com) (High School age)
- <u>Striving in Prayer Association of Certified Biblical Counselors</u> (biblicalcounseling.com)
- Right Now Media Leading Prayer Youth Bible Study by Francis Chan (14 minues)
 (MSM + High School)
- Right Now Media | God and Prayer video moment (MSM + High School)
- Prayer App: Pray.com, Prayer Mate

12 - HOW TO PRAY

Homework:

- ***Meditate on or memorize a verse on or of prayer: As you talk with the student and hear the wrestles of their heart, ask God to reveal to you or to them a verse that applies to that, that they can pray and focus on. Perhaps it's a verse on fear, or a verse on waiting for the Lord and resting with him, or a verse on the character of God that encourages them in the hardship they are walking through. Goal is to meditate on a verse that reminds the student to go to God. Eg below
 - Psalm 55:22 Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved.
 - o Romans 12:12 Rejoice in hope, be patient in tribulation, be constant in prayer.

- Psalm 56:3-4 When I am afraid, I put my trust in you. In God, whose word I praise, in God
 I trust; I shall not be afraid. What can flesh do to me?
- o Psalm 51:10 Create in me a clean heart, O God, and renew a right spirit within me.
- Psalm 62:5-8 For God alone, O my soul, wait in silence, for my hope is from him. He only is my rock and my salvation, my fortress; I shall not be shaken. On God rests by salvation and my glory; my mighty rock, my refuge is God. Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.
- Psalm 86:11-12 Teach me your way, O Lord, that I may walk in your truth; unite my heart to fear your name. I give thanks to you, O Lord my God, with my whole heart, and I will glorify your name forever.
- Philippians 4:4-9. Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ lesus
- Psalm 94:18-19 When I thought, "My foot slips," your steadfast love, O Lord, held me up.
 When the cares of my heart were many, your consolations cheer my soul.
- Psalm 139:23-24 Search me, O God, and know my heart! Try me and know my thoughts!
 And see if there be any grievous way in me, and lead me in the way everlasting.
- Psalm 143:8-9 Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift my soul.
- ***Focused Prayer: Have the student pick one of the bigger concerns on their heart, sin they are wrestling with, or thing going on in their life and set time aside to pray about it each day this week and check in the next meeting to see how it went. Actually praying by themselves may be a new habit and new habits no matter how good they are take intentionality and effort and often accountability to start.
- Fighting the thought life: If the student is wrestling with fighting off a specific sin struggle or thought life (eg. anxiety, porn, etc), have them commit to praying as soon as they notice themselves being tempted. Encourage them to take their wrestle to God to ask for help, encourage them to reset their thinking with prayers of gratefulness or praise or by praying for others.
- Prayer cards: Have the student develop prayer cards to help them to remember to pray, to ask for specific things, and see God's handiwork.
- Examples of prayer in scripture: Have the student go through one of the
 examples of prayer or find one for themselves and come back next week with
 what they learned about prayer. Tailor the example of prayer to what might
 encourage or help the student most.
 - John 17 Jesus' prayer for his people and for the Father's will to be done (neat to see Jesus' heart)
 - Nehemiah 1:4-11 Nehemiah's prayer of repentance and for redemption of God's people.
 He then became a leader to rebuild Jerusalem and help direct the people
 - Psalm 51 David's prayer of personal repentance and asking God to help change from sinning (after sleeping with Bathsheba)
 - Ephesians 1:15-23 Paul's prayer of thanksgiving and for the recipients to understand the hope and power they have in Christ

- o Psalm 143 Prayer for direction
- o Habakkuk 3:17-19 Prayer of lament
- o Psalm 119:17-40 Prayer to learn from God and understand His words and commands
- Psalm 25 Prayer for direction, forgiveness, and deliverance
- o Psalm 63:1-8 David for satisfaction, strength, and help

13/14 - GOD IS ALWAYS PRESENT

Homework:

Reread the Scriptures we studied today. Take some time to meditate on God's
Word and journal about how God's omnipresence changes or shapes your view
of God, brings you comfort or worry, and how this fact impacts the way that you
live your life in a practical way.

13/14 - GOD IS UNCHANGING

Homework:

• Come back next week ready to explain three different ways that knowing and understanding that God is unchanging gives us hope as Christians. Have the student use Bible passages to support their explanations.

13/14 - GOD IS PERSONABLE

Homework:

• As you read God's word and pray this week, anchor in on the truth that God is active and involved. Ask Him to reveal Himself to you in tangible, real-life ways. Then start watching/looking for ways God is showing up. (Leader, give a personal example perhaps of how this looks in your life.)

Resources:

- Video: God is a Person by Doug Sherman
- Article: How to Have Intimacy with God | Desiring God
- Chosen by God by RC Sproul (High School)

13/14 - GOD IS FAITHFUL

Homework:

- Spend 30 minutes this week remembering how God has been faithful in your life.
 Remember that God is faithful in little things and big things. Write down a list that you can share next week.
- Memorize the verse they picked in section 5 that will remind them of God's faithfulness.

13/14 - GOD IS ALL-KNOWING

Resources:

None like him by Jen Wilkin

13/14 - GOD IS SOVEREIGN

Homework:

 Write down this week three lies that you start to believe. Next to them, write out the truths that you can hold onto and be ready to share them next week.

Resources:

- None Like Him Jen Wilkin
- Psalms of Lament (ex. Psalms 3, 17, and 71. Look at how David cries out to God, asks boldly, and chooses to trust in God's sovereignty.)

13/14 - GOD IS HOLY

Homework:

• Come back next week ready to explain three different ways that knowing and understanding God's holiness gives us hope as Christians. Have the student use Bible passages to support their explanations.

13/14 - GOD IS GOOD

Resources:

- Additional Passages:
 - o Genesis 50:20 evil of brothers but God used for good
 - o Exodus 16 God's provision of manna goodness of His care
 - Psalm 37 Great Psalm about "do not fret" instead trust, dwell, rest in God
 - o Romans 8:28, 29

13/14 - GOD IS LOVE

Homework:

- Have the student pick a favorite verse from the time today and encourage them to write it down on a note and meditate or memorize it.
- Have the student take time to consider how they would talk about God's love with a friend and encourage them to do that sometime between now and the next time you meet.
- If trusting God's love is a struggle for the student, have the student start reading through one of the gospels with a focus on seeing how Jesus showed love to people while he was here on earth. Or if that's a bit big of a commitment, pick a story in the bible where Jesus showed love such as Zacheas or the women at the well and have the student read it this week.