

WHAT IS DISCIPLESHIP?

Discipleship Guide #1

TODAY'S GOAL

- To get to know your student(s) on a more intentional level and help them see the biblical purpose and value of discipleship in their life.
- This Discipleship Guide will take up your entire time with the student(s). Don't worry about getting to the other discipleship meeting elements (Q&A, accountability, etc.) until next meeting together.

GET TO KNOW YOUR STUDENT(S)

- Food always makes things better 😊! If possible, grab food (Chick Fil A is always a win) and meet either at the restaurant or take the food to go and meet at another location.
- During the first half of your time together, alternate asking questions to each other. Enjoy your time laughing, deepening relationship, and showing your student(s) you actually care about their life. If you have more than one student(s), have them both collectively choose one question to ask you back. Ask a mix of casual, funny, and serious questions to keep the time relational. You don't want the student(s) to feel as if it's an interview. Show them you genuinely desire to know more about them. The follow is a list of potential topics and questions to help guide your time.
 - Home Life - How many siblings do you have? Who would you say you are closest to in your family?
 - School - What are your favorite subjects in school? Do you play any sports or partake extracurricular activities?
 - Relationship with God - How would you describe your relationship with God to this day? What are some ways that you wish to grow in a relationship with God?
 - Community - Who are your closest friends at church and at school)? What do you appreciate the most about your friendships with your community of friends?
 - Church - Do you feel like you are growing in church as a follower of Jesus? What areas of church do you get the most out of?

AFFIRM & ENCOURAGE YOUR STUDENT(S)

After you spend time getting to know each other, set aside the second half of your time to affirm your student(s) and discuss what discipleship will practically look like moving forward. Use this next portion of your time to affirm and encourage the ways in which you have already seen God at work in their life. Build them up! "Therefore encourage one another and build one another up..." (1 Thes 5:11).

DISCUSS THE PURPOSE OF DISCIPLESHIP

- Discuss: **What do you know about discipleship? What do you think it means? What are you hoping to get out of our time together if anything?**
- After hearing their thoughts, read **Mat 28:18-20** and **2 Tim 2:2** together and discuss the following questions after each text: **What does each verse reveal about the purpose of discipleship?**
- End this by communicating the purpose of discipleship in your own words in light of the previous passages. The following definition of discipleship may also help guide your communication: "Discipleship involves helping someone follow and share Jesus in hope of them doing the same for another".

- Share with your student(s) the role you will seek to play in their life as someone who is discipling them. The following quotes may help give you direction:
 - "I am here to be a model for Christ and an encourager towards Christ for you. I want you to look more like Jesus, not me."
 - "I desire to be involved in your life so that whenever you may need someone for prayer, encouragement, or simply to ask questions to, I am here for you."

INTRODUCE THE DISCIPLESHIP WHEEL

- Explain the discipleship wheel to your student(s) and how you will go about using it to 1) identify needed areas of growth in their life, and 2) identify fruit appearing in their life as the Holy Spirit changes them. Below is a brief outline to explain the discipleship wheel. The discipleship wheel diagram and video walk through can be found on the student leader website under discipleship > resources.
 - "Hub of Life" is the target for heart change in their life.
 - "Spokes of Faith" are the primary pillars of their walks with Christ that you will seek to reinforce with Scripture as you discuss topics each week.
 - "When Rubber Meets the Road" is the external fruit that shows up in their life as a result of their deepened heart of love for God and strengthening of their "spokes of faith".
- The goal here is to simply introduce the discipleship wheel to your student(s). Don't expect them to have it memorized after today. Explain how this will be a tool you will use throughout your time together to identify areas of growth in their life and remind yourselves the purposes of discipleship.

EXPLAIN YOUR DISCIPLESHIP MEETING STRUCTURE

- Walk the student(s) through the meeting structure for your time together moving forward. Explain each element and why it will be important for the discipleship process. Use the discipleship meeting structure resource as a refresher for you. The core meeting elements are relational & spiritual check in, discipleship lesson (w/potential growth projects), accountability & prayer, Q&A time.

FINALLY, ENJOY TIME TOGETHER!

We would love your feedback on this lesson! Click the link or scan the QR code.

<https://canyonhills.churchcenter.com/people/forms/334289>

